



# LIVING IN THE LIGHT

## LEVEL TWO

### WITH MASTER JASON CHAN

- Creator of the Infinite Arts

MASTER JASON CHAN IS RETURNING TO UPPSALA SWEDEN TO SHARE MORE ADVANCED SKILLS AND DEEP TEACHING FOR NEW AND EXISTING STUDENTS AND TEACHERS IN SCANDINAVIA.

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ON 30TH & 31ST MAY 2020, FROM 10AM TO 5PM

## CONSCIOUS AWAKENING WITH RADIANT PRESENCE

We can skilfully transform weakness into strength with Radiant Chi, re-imprinting our subconscious mind with vivid richness and bright aliveness emanating from our higher awakened consciousness.

You can cultivate a bright presence through the dynamic, graceful and powerful Infinite Tai Chi, Chi Kung and Chi Yoga sequences, and expand your conscious awareness with Infinite Meditation. You will get in touch with the qualities of yin and yang, all the elements in life, heaven and earth, the chi and the love energy. Your body remembers all this, and assimilates it into the fabric of your being. Thus, you start to change from the inside-out.

BY FOLLOWING THESE SIMPLE YET POWERFUL STEPS YOU WILL START TO CULTIVATE A BRIGHT CHI PRESENCE THAT PERMEATES EVERY LAYER OF YOUR BEING, UNTIL EVENTUALLY, IT WILL EXTEND OUTWARD INTO YOUR DAILY LIFE.

THEN, YOUR LIFE WILL START TO CHANGE AND BECOME MORE JOYFUL.

- Learn to be still like a majestic mountain and flow like a great river
- Quiet the mind through prayer, meditation, mantra, breath - whatever works for you.
- Use your new higher vibrational 'Energetic Signature' for abundance and Radiant and Joyful Living consciously. This can be a worldly aspiration, such as success, good relationships, good health and your spiritual development.
- Raise your energetic vibration with Infinite Tai Chi and Chi Kung. Get in touch with the Radiant Chi Level. Your whole emotional field will transform. The Life force will flow through you, strengthening your body and bringing clear focus and positivity to your life.

WHO DOES NOT WANT TO FEEL LIKE THIS?



## ENERGETIC SIGNATURE A NEW PARADIGM OF EXISTENCE

**You will feel great. And the world will be reflecting what you are feeling inside.**

When you move with Love Energy Presence, it goes into your cells. You are educating your body. This programme is louder than your pre-existing negative programming of “I will get sick”, “I will get old”. You establish and reinforce a healthy environment both inside and outside.

These are tools that offer you so much more than for your health. The comfort and pleasure you experience comes from connection to a natural, wholesome existence. Now, you are feeding your body with the sunshine, the pure nature.

With this as your daily practice, you start to notice that universal life force is truly within you. Everything becomes possible. **This is LIVING IN THE LIGHT.**

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**Date:** 30 - 31 May 2020

**Time:** 10.00 - 17.00

**Venue:** Uppsala - you will get driving/ transport information

**Price:** 2.495 Swedish crowns

**Sign up:** [tina@seasonalyoga.se](mailto:tina@seasonalyoga.se)

